

The big event for us this year will take place over the August Bank Holiday weekend. We are very pleased and honoured to welcome back again the Venerable Gelong Karma Jiga. Jiga, as we have come to know him, will be offering us his first teachings in England on his return from Tibet after making the arduous journey in August to the remote Damkar monastery. Located in the isolated and mountainous region of Nangchen, about 200 miles NE of Lhasa and accessible only by foot or horseback Damkar is the centre of The 18th Dulmo Choje Rinpoche, regarded as a living Master in Tibetan Buddhism, and the highest ranking teacher of his Kagyu lineage still living in Tibet. Jiga will be studying there for three weeks with the 18th Dulmo Choje Rinpoche.

After the Open Morning on Saturday 25 August from 10:00 to 12.00 there will be teachings held on Saturday 1.30- 3.00 and Sunday 10.30-3.00 at the MIND Centre, Russell Street, Kettering. These will look at ways of helping to manage and develop one's life, with techniques of meditation and relaxation. Both returning and new participants are equally welcome.

There is a fee of £10 a teaching session or £25 for the weekend. Concessions available .

Jiga will be leading our Monday evening meeting, from 7 to 9 pm, on 27 August.

Do try to be there!

Open Morning

Discover Tibetan Buddhism

with the

Venerable Gelong Karma Jiga

at the Cornmarket, Kettering

10.00 am to 12 noon,

Saturday 25 August 2007

Refreshments available

Free entrance

10.30 am: "Introduction to Buddhism"

followed by guided meditation

and informal questions

All welcome – please drop in!

Choje Akong Tulku Rinpoche on Compassion....

"At present a measure of compassion exists in everyone. No matter how selfish people are, they are often still able to care for their parents, children, lovers or friends. Even creatures habituated to killing, such as snakes and crocodiles, maintain affection for their own young. However, when compassion is restricted solely to an individual's immediate family or species, it excludes many more beings than it embraces and is very narrow compared with the limitless compassion which we are all capable of generating. Whereas some compassion is better than none, limitless compassion is the best of all.

In the beginning, it is helpful to realise how we all share the awakened state of mind as potential. However, it has become obscured by ignorance and the accumulation of negativity. Misunderstanding and unskilful actions similarly prevent us from seeing and realising that potential. Removing these obscurations and defilements, however, will enable us to go beyond the illusion of separate existence and realise the interdependence of all things. It will become evident that when we harm others we are harming ourselves; and when we take care of others, we are taking care of ourselves. When we are able to see the awakened state of mind as potential in friend and enemy alike we will have equal compassion for everyone.

Essentially everyone wants happiness and the causes of happiness, just as we do. Even those who create suffering for themselves do so out of ignorance for no-one sincerely wants to be unhappy. They just do not realise that it is virtue that creates happiness and a happy state of mind which inspires us to practise virtue."

(from London SamyeDzong News July 2007

Go to www.london.samye.org

Kagyü Samye Dzong

Northamptonshire

Newsletter July 2007

New

Kagyü Samyé Dzong Northamptonshire is a Kagyü Buddhist group in Kettering and is a branch of the Samyé Ling Centre in Scotland. It is the only Kagyü Buddhist group in the East Midlands.

We meet on Mondays from 7 to 9 pm at

**The Friends Meeting House, Northall Street,
Kettering, Northants NN16 8DS**

Telephone: 07812567496 or 01536 520000

Email: kettsamyedzong@aol.com

Website: www.samyedzongnorthants.org

We welcome all with an interest in Buddhism and meditation.

A branch of the Rokpa Trust.. Charity no. 1059293

Our visiting teacher

The Venerable Gelong Karma Jiga is a fully ordained Buddhist monk of the Karma Kagyü Tibetan tradition. He is senior monk at our Samyé Ling Monastery in Scotland. For the last ten years he has founded and established projects on behalf of the Rokpa Trust, under the direction of Lama Yeshe Losal Rinpoche, Abbot of Samyé Ling. Karma Jiga was the first Western Monk to be ordained for life by the present Abbot of Samyé Ling. He oversaw the formative years of the Holy Island Project. He also set up the first Buddhist Centre in Moscow. Before going to Tibet he will be giving a course on Holy Island. He has visited us regularly in the past three years and will be leading our Monday evening meeting on 27 August. We hope you to see you there.

Advance notice: Jiga is booked to return to us for the weekend of 23-26 November 2007.

Library

If any members have borrowed library books in the past and not forgotten to return them, could they please do so asap. We are trying to develop the library but cannot do so when we have to spend on replacing books which have not been brought back.

If anyone has suitable books they would be willing to donate, please contact Helen.

Suggestions for new books are welcome and should be made to Helen. Among recent acquisitions are two highly recommended new books:

Indestructible Truth by Reginald Ray. (A very thorough introduction to the Tibetan Buddhist worldview and the book from which we take many of our Monday readings.)

Music in the Sky– the life, art and teachings of the 17th Karmapa.

You can now view the library on line at our website: www.samyedzongnorthants.org

Our website

Thanks to Martin's hard work, our new website is flourishing but it needs more support!

Have you visited it recently? The more "hits" the better. It is already bringing in new members and helping make us better known.

Have you joined the Forum? It's your chance to have your say on any related topic.

Go on line to:

www.samyedzongnorthants.org

KSD Northants: Management Group contacts

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